



## Strawberry Frozen Yoghurt



### Ingredients

- 250g fresh strawberries
- 150g Pur Natur full-fat natural yoghurt
- 2 tbsp honey

### Instructions

Chill the strawberries in the freezer for at least 2 hours.

Mix the honey and yoghurt together.

Place the frozen strawberries and sweetened yoghurt in a blender.

Blend to sorbet consistency. Eat immediately or store in the freezer (but not too long).