

## Grilled Apples with Caramel Skyr Sauce



### Ingredients

- 150g Pur Natur Skyr yoghurt
- 150 ml water
- 75 g sugar
- 2 apples
- Groundnut oil

### Instructions

Cut the apples into slices. Lightly sprinkle the slices with oil and grill them using a griddle pan. Bring water and sugar to a boil and reduce until a light caramel forms. Remove from heat and stir in the Skyr yoghurt. Serve the grilled apple slices with caramel sauce and an additional dollop of Skyr.