

## Frozen fruity yoghurt bites



### Ingredients

- Summer berries (raspberries, red currants, blueberries, blackberries)
- Fruit yoghurt

### Instructions

Spoon the fruit yoghurt around the berries and transfer to a flat freezer-proof container with a lid. Freeze for two hours.

Remove from the freezer and separate the berries. Transfer to bowls. Delicious as an afternoon snack!