

## Toasted oat flakes and hazelnuts with pomegranate fruit yoghurt



### Ingredients

- Pur Natur pomegranate yoghurt 500g
- 1/2 pomegranate
- 60 g hazelnuts
- 100 g oat flakes
- 3 tbsp maple syrup
- 2 tbsp water

### Instructions

Pre-heat the oven to 160°C. Crush the nuts and mix them with the oat flakes, the maple syrup and the water. Arrange them on a baking tray and bake until golden brown for 25 min. Meanwhile remove the seeds from the pomegranate. Serve with the yogurt.